



# Dr Tina Lambert

Organisational Development

Coaching and mentoring

Creation of high performance teams

Increase leadership capabilities

## Team Management Systems (TMS)

Success in hundreds of industries including government sectors, health care, legal, logistics, financial and community groups

Used by over 1.25 million people from 160 countries

***"There were conversations that we didn't even realise we needed to have. Since we've had them, insecurities have been addressed, the team is noticeably more functional, and morale is higher."***

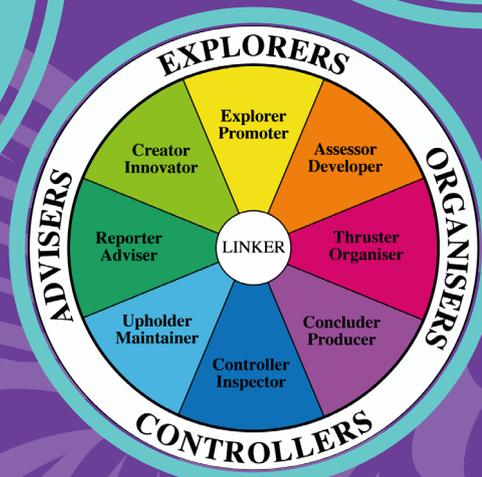
***I enjoy being challenged and finding better ways of doing my job of managing people. I learnt that most of the task of managing people is in managing myself.***

**- Dr Heidi Smith-Vaughan  
Head, Child Health Laboratory  
Menzies School of Health Research**

### What is TMS?

Team Management Systems is recognised internationally as the specialist in teamwork, offering a suite of work-based feedback Profiles to improve business results at all levels in an organisation.

Team Management Profiling (TMP) is one of the key tools that Tina is accredited to use to improve individual and team performance.



Margerison-McCann Team Management Wheel

## Why should we use TMS?

### Individuals

- Learn about the eight critical Types of Work individuals need to do to be effective in any job
- Learn simple communication strategies to get the most out of themselves and others
- Build stronger effective relationships at work
- Increase self-awareness
- Increase performance

### Teams

- Develop strategies to maximise strengths and minimise weaknesses
- Discover ways to increase energy, enthusiasm and commitment
- Align job demands with work preferences so that people are doing work they enjoy
- Learn simple techniques to increase performance
- Uncover why we naturally get along with some people and why others frustrate us
- Prevent conflict
- Enhance teamwork

The TMP is the best tool to use for many reasons:

- **Quick and easy** - 10 min online questionnaire
- **Simple theory** - no psychological jargon
- **Practical action plans** - focused on the work you do
- **Written in plain English** - easy to read, memorable and visual reports
- **Non-confronting** - reports are positive and constructive
- **Non-threatening** - not a measure of skills, performance or personality

With a Doctorate in Business Administration and over 30 years' experience, Tina has the expertise to deliver practical and strategic resolutions.

Tina works closely with executives, leaders, managers, and teams to increase self-awareness, strengthen positive behaviours and facilitate leadership development.

### Contact Tina today

Organisational Development Consultant  
Mobile: 0408 087 533  
Email: [info@drtinalambert.com.au](mailto:info@drtinalambert.com.au)  
[www.drtinalambert.com.au](http://www.drtinalambert.com.au)

*"I am now a convert!  
After working with Tina on  
individual and team TMS profiling it  
has dramatically improved the way we all  
work together. It gave us the opportunity to  
identify our strengths and areas we needed to  
work on.*

*As a manager, the TMS profiling provided me with  
tremendous insight to effectively and efficiently lead  
my team.*

*For the first time I was also able to resolve conflict  
with staff with Tina's involvement. Tina's integrity and  
professionalism was evident throughout the process.*

*I believe every business or organisation would  
benefit from this process."*

**- Alice Plate, National Communications  
and Media Manager, Menzies  
School of Health**

